

HYPOGLYCAEMIA

LOW if Blood Glucose Level is below: _____
TREAT IMMEDIATELY

Signs and symptoms
 Note: Symptoms may not always be obvious

**DO NOT LEAVE STUDENT UNATTENDED
 DO NOT DELAY TREATMENT**

Student conscious & cooperative
 Able to eat/drink hypo treatment

Hypo treatment or fast acting carb:
 As supplied or listed on management plan

Recheck BGL
 after _____ mins
 If level is below _____
 repeat fast acting carb

Student unconscious or drowsy
 Risk of choking or unable to swallow

First aid
 Place student on their side and stay with the student

**CALL AN AMBULANCE
 DIAL 000**

Contact parent or guardian
 when safe to do so

Student

Key contact details

Name _____
Phone _____
Relationship _____
Name _____
Phone _____
Relationship _____

Injection

Student can self-administer insulin injection
 Yes With Supervision No
 In room/location _____
 Staff supervisor/s _____

Routine glucose level checking times

Finger Prick/ Lancet	Continuous Glucose Monitoring	Flash Monitoring
When feels unwell	Prior to recess/snack	
Prior to lunch	When hypo suspected	
Prior to exam/tests	Prior to physical activity	

HYPERGLYCAEMIA

HIGH if Blood Glucose Level is above _____
 (High BGLs are not uncommon)

Signs and symptoms
 Note: Symptoms may not always be obvious

Student well
 Re-check BGL in
 2 hours

Encourage student to drink water and return to class.
 Allow extra toilet privileges.

In 2 hours, if BGL still above _____ call key contacts for advice

Clinic: _____
Clinic contact: _____
Contact No: _____

Student unwell
 e.g. vomiting

Check ketones
 Yes (refer to plan)
 No

Call key contact(s)
 to collect student ASAP