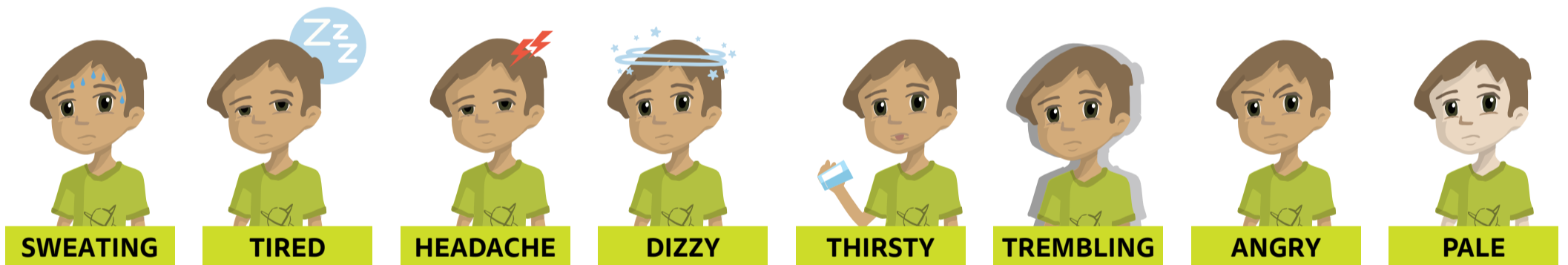


**IF IN DOUBT,
TREAT!**



Hypoglycaemia Information

SYMPTOMS OF HYPOGLYCAEMIA (LOW BLOOD GLUCOSE)



EMERGENCY ACTION

If the person is conscious, cooperative and has a blood glucose less than 4 mmol/L give any ONE of these:



**Fruit juice
popper**

125-200 ml



**Sugary soft
drink**

125-200ml
(1/2 can)



**Glucose
tablets / gel**

10-15 g



**Honey or
sugar**

2-3
teaspoons



**Jelly
Beans**

4 large or
7 small

IF THE PERSON IS
UNCONSCIOUS OR
UNCOOPERATIVE,
GET HELP!
CALL 000
AMBULANCE